

KARATE



JOIN A FUN COMMUNITY FOR
CHILDREN, ADULTS & FAMILIES
WHILST DISCOVERING
THE **AMAZING** BENEFITS

SLOUGH

The Centre

Farnham Road, Slough

Sunday 21st April 2024

11:15am

And Every Sunday Thereafter

BUILD RESPECT & ETIQUETTE

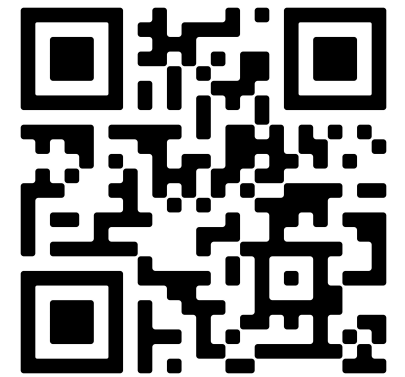
GAIN FOCUS & MENTAL

IMPROVE SELF DISCIPLINE

IMPROVE FITNESS

LEARN SELF DEFENCE

BUILD CONFIDENCE



n_sehmbi@hotmail.co.uk

07960 699762



tiskakarate_senseisehmbi



TISKA Karate Slough

www.tiskakarate-slough.co.uk

REGISTER NOW

FOR YOUR

FREE 2 WEEK TRIAL